

# Ham Frequencies for 2m/70cm Radios

Ch#	Location	Frequency	Tone	Call	Note
1	Berlin, NH	146.685	100.0Hz		
2	Sanford, ME	145.210	156.7Hz	N1KMA	
3	Palermo, ME	145.270	100.0Hz	W1PIG	
4	<b>Wales, ME</b>	<b>145.290</b>	<b>100.Hz</b>	<b>W1PIG</b>	<b>Kennebec ARES Sunday 7PM</b>
5	New Sharon, ME	147.375	131.8Hz	KQ1L	KQ1L Link
6	Farmington, ME	145.390	100.0Hz	W1PIG	
7	<b>Woodstock, ME</b>	<b>146.640</b>	<b>103.5Hz</b>	<b>N1ROA</b>	
8	North Conway, NH	145.450	100.0Hz	W1MWV	
9	Orono, ME	145.470	none	W1YA	OFF-AIR
10	<b>Washington, ME</b>	<b>145.490</b>	<b>91.5Hz</b>	<b>KC1CG</b>	<b>Knox ARES Tue 7pm</b>
11	Auburn, ME	146.610	88.5Hz	W1NPP	Yaesu Fusion output tone 88.5Hz
12	Mt Washington, NH	146.655	100.0Hz	W1NH	
13	Augusta, ME	146.670	100.0Hz	KQ1L	KQ1L Link(local coverage only)
14	<b>NWS Sugarloaf</b>	<b>162.450</b>			<b>NOAA Wx Radio</b>
15	Portland, ME	146.730	100.0Hz	W1KVI	Cumberland ARES Sun 7:30PM
16	Madison, ME	146.730	91.5Hz	KA1C	Somerset ARES 2 <sup>nd</sup> & 4 <sup>th</sup> Mon 7:30PM
17	<b>Winslow, ME</b>	<b>146.760</b>	<b>103.5Hz</b>	<b>W1SSF</b>	
18	<b>Gray</b>	<b>146.760</b>	<b>100.0Hz</b>	<b>KA1SHU</b>	
19	Camden, ME	146.820	100.Hz	KQ1L	KQ1L Link on demand(used locally)
20	Naples, ME	146.835	103.5Hz	K1AAM	
21	Dixmont, ME	146.850	100.0Hz	KQ1L	KQ1L link
22	Buckfield, ME	146.880	100.0Hz	KQ1L	KQ1L link
23	Rumford, ME	146.910	100.0Hz	N1BBK	
24	Holden, ME	146.940	100.0Hz	N1ME	
25	Sugarloaf, ME	146.970	100.0Hz	KQ1L	Somerset ARES 1 <sup>st</sup> , 3 <sup>rd</sup> & 5 <sup>th</sup> Mon 7:30PM
26	<b>Wiscasset, ME</b>	<b>146.985</b>	<b>100.0Hz</b>	<b>K1LX</b>	<b>Lincoln ARES Net Mon 7PM</b>
27	Hiram, ME	147.015	103.5Hz	K1AAM	
28	Ossipee NH	147.030	88.5	W1BST	
29	Gray, ME	147.045	103.5	K1MV	Located at NWS-Gray GYX
30	Brownville, ME	147.105	103.5	N1BUG	

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31	Washington, ME	147.060	103.5Hz	WZ1J	Lenfest Mountain
32	Falmouth, ME	147.090	100.0Hz	W1QUI	
33	Norway, ME	147.120	136.5Hz	W1OCA	Linked to Buckfield 224.620-103.5Hz
34	Brunswick, ME	147.135	103.5Hz	WZ1J	
35	Farmington, ME	147.180	123.0Hz	W1BHR	Franklin ARES Wed 7PM
36	Brunswick, ME	147.210	100.0Hz	KS1R	Mid-Coast ARES Mon 7:30PM
37	Livermore Falls, ME	147.225	123.0Hz	W1BHR	
38	Hope, ME	147.240	110.9	WA1ZDA	
39	Gardiner, ME	147.255	114.8Hz	KB1RAI	
40	<b>Knox, ME</b>	<b>147.270</b>	<b>136.5Hz</b>	<b>W1EMA</b>	<b>Waldo ARES NET Mon 7:30PM</b>
41	Winslow, ME	147.285	100.0Hz	W1SSF	
42	Hampden, ME	147.300	100.0Hz	W1GEE	
43	Poland Springs, ME	147.315	103.5Hz	W1NPP	
44	Skowhegan, ME	147.345	none	KA1ZGC	<b>Alfred,ME W1BHR 147.345+123.0Hz</b>
45	Portland, ME	147.360	100.0Hz	K1SA	
46	Waldoboro, ME	147.390	179.9	K1NYY	
47	2m Mix 01	145.510	none		Mix = Simplex or Digital per
48	2m Mix 02	145.530	none		NESMC, the New England Spectrum
49	2m Mix 03	145.550	none		Management Council 2m bandplan
50	2m Mix 04	145.570	none		<a href="http://nesmc.org/">http://nesmc.org/</a>
51	2m Mix 05	145.590	none		
52	2m Mix 06	145.610	None		
53	2m Mix 07	145.630	none		
54	2m Mix 08	145.650	none		
55	2m Mix 09	145.670	none		
56	2m Mix 10	145.690	none		
57	2m Mix 11	145.710	none		
58	2m Mix 12	145.730	none		
59	2m Mix 13	145.750	None		
60	2m Mix 14	145.770	none		
61	2m Mix 15	145.790	none		
62	2m Simplex 01	146.400	none		Simplex 1=primary, 2=secondary etc

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63	CU1	146.415	none		Androscoggin AN Sagadahoc SA
64	WA1SO2AN3	146.430	none		Cumberland CU Somerset SO
65	YO2	146.445	none		Franklin FR York YO
66	AN1WA3	146.460	none		Kennebec KE Waldo WA
67	KE2KX2	146.475	none		Oxford OX Knox KX
68	SA1	146.490	none		LX Lincoln
69	LN2OX3	146.505	none		
70	2m Simplex 09	146.520	none		National Simplex/ME Calling
71	FR1CU3	146.535	none		
72	OX1	146.550	none		
73	SA3	146.565	none		
74	FR3	146.580	none		
75	2m Simplex 14	146.595	none		
76	2m Simplex 15	147.405	none		
77	SO1	147.420	None		
78	OX2	147.435	none		
79	LN3KE3KX3	147.450	none		
80	2m Simplex 19 <b>WA2</b>	147.465	none		
81	KE1	147.480	none		
82	2m Simplex 21	147.495	none		
83	2m Simplex 22 <b>LN1</b>	147.510	none		
84	CU2SO3	147.525	none		
85	KX1AN2YO3	147.540	none		
86	SA2	147.555	none		
87	YO1FR2	147.570	none		
88	2m Simplex	147.585	none		
89	Packet 01	144.910	none		
90	Packet 02	144.930	none		
91	Packet 03	144.950	none		
92	Packet 04	144.970	none		
93	Packet 05	144.990	none		
94	Packet 06	145.010	none		
95	Packet 07	145.030	None		

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96	Packet 08	145.050	none		
97	Packet 09	145.070	none		
98	Packet 10	145.090	none		
99	National APRS	144.39	none		
130	Auburn,ME	442.000	none	W1NPP	OFF AIR
131	Hiram, ME	442.200	82.5Hz		
132	Kent Hill, ME	443.200	88.5 Hz	W1PIG	
133	Cornish, ME	444.000	167.9Hz	N1KMA	
134	Scarborough, ME	444.10	82.5Hz	W1KVI	
135	<b>Westbrook, ME</b>	<b>444.250</b>	<b>82.5.Hz</b>		<b>Close Repeater /Emergencies only</b>
136	Brunswick, ME	444.400	88.5Hz	KS1R	
137	Westbrook, ME	444.600	82.5Hz	N1SNR	
138	<b>Windham, ME</b>	<b>444.950</b>	<b>146.2</b>	<b>N1FCU</b>	<b>New tone</b>
139	Skowhegan	446.325	203.5Hz	W1LO	
140	Mt. Washington, NH	448.975	88.5Hz		
141	Mt. Washington, NH	448.975	141.3Hz		
142	<b>Woodstock, ME</b>	<b>449.025</b>	<b>82.5</b>	<b>W1IMD</b>	<b>Close Repeater/Emergencies only</b>
143	<b>Farmington, ME</b>	<b>449.075</b>	<b>88.5</b>		<b>Close Repeater/Emergencies only</b>
144	Belgrade Lakes, ME	449.275	88.5	W1PIG	
145	Bidderford, ME	449.825	103.5	KA1VSC	***NEW
146	440MHz Calling	446.000	none		
147	440MHz Simplex 01	445.000	none		
148	440MHz Simplex 02	445.975	none		
149	440MHz Simplex 03	446.000	none		
150	440MHz Simplex 04	446.025	none		
151	440MHz Simplex 05	446.050	none		
152	440MHz Simplex 06	446.075	none		
153	440MHz Simplex 07	446.100	none		
154	440MHz Simplex 08	446.125	none		
155	440MHz Simplex 09	446.150	none		
156	440MHz Simplex 10	446.175	none		
157	440MHz Simplex 11	446.200	none		

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158	440MHz Simplex 12	446.225	none		
159	440MHz Digital 01	430.050	none		
160	440MHz Digital 02	430.075	none		
161	440MHz Digital 03	430.100	none		
162	440MHz Digital 04	430.125	none		
163	440MHz Digital 05	430.150	none		
164	440MHz Digital 06	430.175	none		
165	440MHz Digital 07	430.200	none		
166	440MHz Digital 08	430.225	none		
167	440MHz Digital 09	430.250	none		
168	440MHz Digital 10	430.275	none		
169	440MHz Digital 11	430.300	none		
170	440MHz Digital 12	430.325	none		
171	440MHz Digital 13	430.350	none		
172	440MHz Digital 14	430.375	none		
173	440MHz Digital 15	430.400	none		
174	440MHz Digital 16	430.425	none		
175	440MHz Digital 17	430.450	none		
176	440MHz Digital 18	430.475	none		
177	440MHz Digital 19	430.500	none		
178	440MHz Digital 20	430.525	none		
179	440MHz Digital 21	430.550	none		
180	440MHz Digital 22	430.575	none		
181	440MHz Digital 23	430.600	none		
182	440MHz Digital 24	430.625	none		
183	440MHz Digital 25	430.650	none		
184	440MHz Digital 26	430.675	none		
185	440MHz Digital 27	430.700	none		
186	440MHz Digital 28	430.725	none		
187	440MHz Digital 29	430.750	none		
188	440MHz Digital 30	430.775	none		
189	440MHz Digital 31	430.800	none		
190	440MHz Digital 32	430.825	none		

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<b>191</b>	440MHz Digital 33	430.850	none		
<b>192</b>	440MHz Digital 34	430.875	none		
<b>193</b>	440MHz Digital 35	430.900	none		
<b>194</b>	440MHz Digital 36	430.925	none		
<b>195</b>	440MHz Digital 37	430.950	none		
<b>196</b>	440MHz Digital 38	430.975	none		
<b>197</b>	440MHz Digital 39	431.000	none		
<b>198</b>	440MHz Digital 40	431.025	none		